Diabetes Education and Camping Association Newsletter

AUGUST 2011

DECA 2011 Camp Staff Development Conference
October 5 - 9, 2011
Spring Hill Camp, Indiana

KNO-BETES

It always helps to know more about "the Betes," camping and how they work together.

Join us at beautiful Spring Hill Camp, outside Indianapolis, where the manufacturing of insulin began in the 1920's and where diabetes camp continues to inspire youth to live well today. Tour Lilly's historical areas and manufacturing plant, attend sessions planned to broaden your perspectives on critical management, healthcare and program issues, and network with your peers in diabetes camping.

Keynote Presentations and Special Programs
Arthur Ainsberg, author of "Breakthrough"
Kevin Kaiserman, MD, "Diabetes Management in Developing Countries"

A special trip to Eli Lilly & Company on Friday for all attendees will include a Tour of the manufacturing plant, a tour of the historical artifact museum, a film presentation and lunch.

COST: $400 - DECA Lifetime Members
$450 - all other membership categories

Sam Wentworth, MD - Conference Host

DECA Mission Statement

The Diabetes Education and Camping Association promotes communication, provides education, shares resources and serves as a worldwide voice to advance diabetes education and camping programs that meet the diverse needs of individuals and families.

DECA Conference for Diabetes Camp Professionals
Spring Hill Camp, Seymour, IN
October 5 - 9, 2011

Wednesday, October 5, 2011

1:00 - 5:30pm	***Check in***
6:00pm	***Dinner***
7:30pm	***Welcome Session***
8:00pm	***Keynote Speaker - Dr. Kevin Kaiserman*** ***"Diabetes Management in Developing Countries"***
9:30pm	**N*etworking & Talent Show***

Thursday, October 6, 2011

6:30am	***Early Morning Walk or Run***
7:30am	***Breakfast opens***
9:00am	***Keynote Speaker – Arthur Ainsberg, author of "Breakthrough"***
10:30am	**Breakout Session 1**

a) Management:	**TBA**
b) Healthcare:	**Best Practices for Mealtime Management** *(Liz Burghen-Fryman, Mike Lynch, Judith Renwick)*
c) Program:	**Diabetes Enablement: Positive Mental Attitude** *(Rick Bridges)*
d) Diabetes 101:	**What is Diabetes?; Management Routines** *(Dennis Pillion)*
e) Advanced Nurses' Program:	**Diabetes in Review** *(Dr. Sam Wentworth)*

12:00pm ***Lunch***

1:15pm **Breakout Session 2**

a) Management:	**TBA**
b) Healthcare:	**Continuous Glucose Monitoring at Camp** *(Bonny Huston)*
c) Program:	**How to Impart "Risk Management" to Your Staff & Volunteers** *(Paul Madden & Lorne Abramson)*
d) Diabetes 101:	**Hypoglycemia & Hyperglycemia, Blood Glucose Testing** *(Dr. Sam Wentworth)*
e) Advanced Nurses' Program:	**Diabetes & Sports** *(Erin Clark)*

2:30pm **Breakout Session 3**

a) Management: **TBA**
b) Healthcare: **The Management of Celiac & Other Food "Issues"**
(Bonnie Huston & Maureen Thiesen)
c) Program: **Use of Social Networking to Enhance Your Camp Community**
(Tom Jenkins & John Latimer)
d) Diabetes 101: **Insulin & Delivery Systems**
(Diana Guthrie)
e) Advanced Nurses' Program: **Dietary Issues**
(Annette Chmeilewski)

3:30pm ***Snack***

4:00pm **Breakout Session 4**

Management: **Donor Recognition Ideas**
(Mats Wallin & Mark Moyer)
Healthcare: **Epidemics at Camp & How to Handle Crises**
(Ray Fowlie)
c) Program: **Intentional Programming**
(Vivian Murray)
d) Diabetes 101& Advanced Nurses Program: ***Psycho-social Issues & Diabetes***
(Shelley Yeager)
e) Advanced Nurses Program: ***Americans with Disabilities Act Regulations***
(Phyllis Lewis)

5:15pm **Rap Sessions / Parking Lot Issues / Speed Dating**

6:30pm **Dinner**

8:00pm **Life for a Child,** ***presented by Dr. Kevin Kaiserman***

10:00pm **Networking**

Register online for the conference at www.diabetescamps.org.

Friday, October 7, 2011 (Day at Eli Lilly)

7:30am	***Breakfast opens***
9:30am	***Depart on Free Enterprise Busses for Eli Lilly***
10:45am	***Arrive at Eli Lilly***
11:00am	***at LCC for Security Check***
12:00pm	***Box Lunch at LCC***
1:15pm	***Group A (LCC Tour), Group B (Break)***
1:45pm	***Group B (LCC Tour), Group A (Break)***
1:55pm	***Both groups travel to LTC***
2:25pm	***Group A (Film), Group B (Manufacturing Tour)***
3:05pm	***Group B (Film), Group A (Manufacturing Tour)***
4:00pm	***Wrap-up Session*** ***Travel back to Springhill Camp on Free Enterprise Busses***
6:30pm	***Dinner***
8:00pm	***International Impact of Diabetes*** ***(panel with Dr. Sam Wentworth, Dr. Trish Blair, Paul Madden, Joe Solowiejczyk, Lorne Abramson)***

DECA
Toll Free Number
(in North America)
866-980-DECA (3322)

DECA Classified Section

Post your open camp jobs on the DECA website (www.diabetescamps.org) in the new classified section and reach passionate, knowledgeable staff for your camp organization. You must be logged on as a member. Go to the *membership tab*, click on *classified* and post your listing with contact info.

Saturday, October 8, 2011

7:30am	***Breakfast opens***
9:00am	***Update of DECA programs including training videos (Shelley Yeager, Jen Hanson, Sam Struzzi, Lorne Abramson)***
10:00am	***Break***
10:30am	***General Session with Joe Solowiejczyk***
12:30pm	***Lunch***
1:30pm	***General Session with Kris Freeman***
2:30pm	***Recreational Opportunities: Climbing Wall, Zip Line, Canoeing, Beach VB, Human Foosball***
6:30pm	***Dinner***
7:30pm	***Camp Displays & T-Shirt Exchange***
8:00pm	***Rap Sessions / Parking Lot issues / Speed Dating***
9:00pm	***Entertainment & Campfire closing (Christy Minstrels)***

Sunday, October 9, 2011 - *Breakfast & Departure*

WHEN: Wednesday evening, October 5th to the morning of Sunday, October 9th

WHERE: Spring Hill Camp, west of Seymour, Indiana, home of No Limits Diabetes Camp. Seymour is approximately half way between Indianapolis and Louisville, close to I-65.

TRAVEL: Air travel is best to Indianapolis. It is an easy, new airport with all interstate travel to Seymour. Last 12 miles will be on a good, two lane state highway. A number of people usually rent cars. We would like to suggest car pooling when possible. A limited amount of transportation will be provided, but must be requested in advance.

SPRING HILL provides 800+ acres of hilly, wooded, southern Indiana countryside. The facility was developed by the Rust family to be a trailer camp (so there could be some power hookups for campers if desired). There are 7 ponds and a lake on the property with a 3 mile circle around the lake. All of the cabins which will be used for the conference are heated. Bath houses are located centrally in each unit. Indoor and outdoor conference "rooms" are available. The camp houses approximately 1200 during the summer, 300 in heated facilities in the winter. All meals will be served buffet style in the dining hall. Special diet needs should be submitted in advance.

RECREATION: Morning walks and running are scheduled. Canoes and Kayaks will be available on Saturday, as well as a life guard, should the lake temperature tempt swimming. The solo challenge area will be open (climbing wall, zip line and "leap of faith) on Saturday as well. Depending on the weather pattern, this weekend may be into peak fall color season.

The Staff of No Limits Camp selected the title of "Kno-Betes" for our programs of 2011. The connection is that the better one knows diabetes, the fewer the limits. The conference will be hosted by the teams of Spring Hill and No Limits to insure a safe, enjoyable program.

DTreat Utah

Diabetes in real life with peers
August 26 - 28, 2011
Camp Red Cliffe, Huntsville, Utah

A Diabetes Retreat in real life, with peers.

Unlike any other conference/retreat you'll ever experience—stay in the cabins at Camp Red Cliffe, located in Utah's beautiful Wasatch Mountains, learn about diabetes resources in your community, spend Saturday evening in downtown Salt Lake City, share stories and experiences with one another and hear from some exciting guests.

DECA continues to take the DTreat program across North America by offering the first ever DTreat in the Intermountain West, bringing together young adults, ages 18 - 25 from Utah, Idaho, Wyoming, and Nevada, as well as other areas of the US and internationally.

DTreat sessions will focus on topics such as diabetes and pregnancy, diabetes and active living, diabetes advocacy, diabetes and mental health, financial issues surrounding diabetes, health insurance, research and technology and the history of diabetes.

The cost of DTreat Utah is $50 and includes all meals, snacks, programming, accommodations and evening entertainment. Each participant is responsible for his/her own transportation to and from the DTreat program.

DTreat Utah will be held at Camp Red Cliffe near Huntsville, Utah, from August 26-28, 2011.